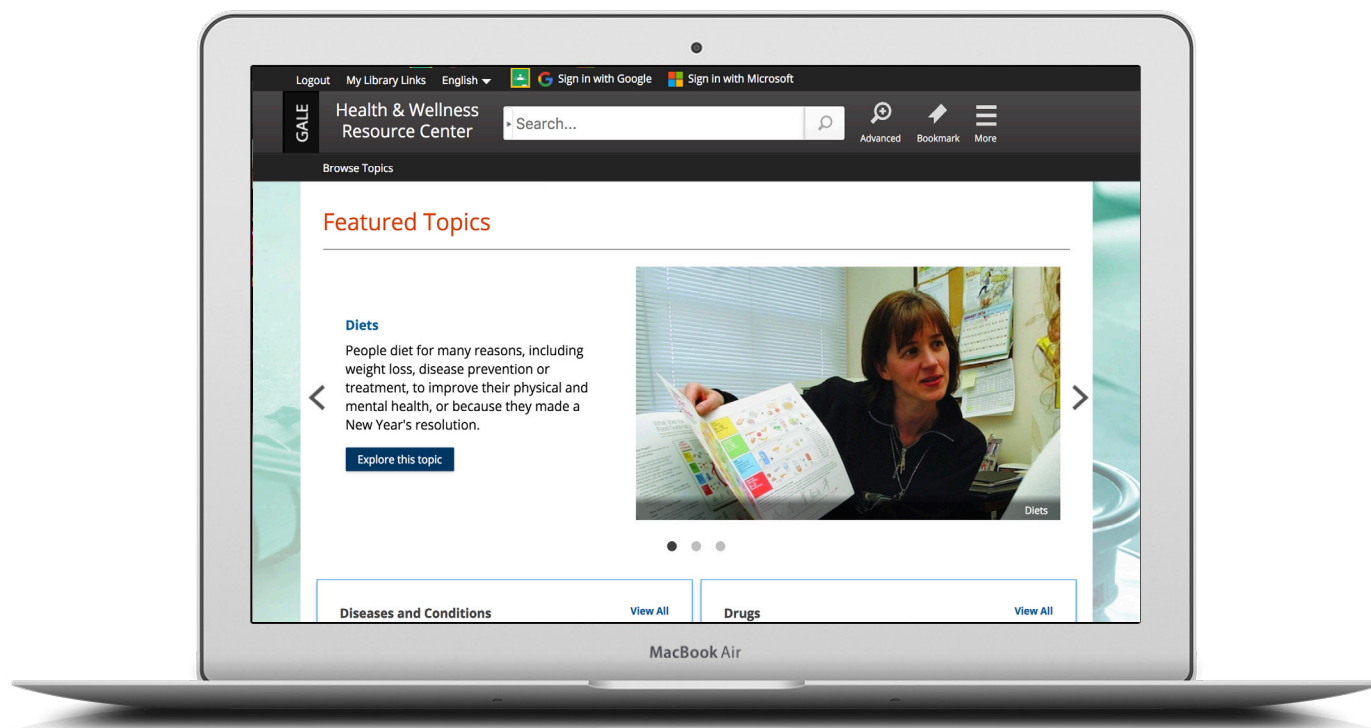


HEALTH & WELLNESS RESOURCE CENTER

YOUR TRUSTED SOURCE FOR HEALTH INFORMATION

Health & Wellness Resource Center puts authoritative, up-to-date information on health and wellness topics at your fingertips. Inside you'll have access to full-text medical journals, magazines, reference works, multimedia, and much more. Whether you need answers to questions you don't feel comfortable asking your doctor or want to browse through current topics of interest, *Health & Wellness Resource Center* provides the reliable information you need.



TOPIC PAGES

Link directly into popular topics from the home page or click **Browse Topics** in the banner to view all.

TOPIC FINDER

Explore divisions within a topic and connections between subjects. Click to uncover paths of discovery and relevant results to match.

SIGN IN

Sign in and send articles to your Google or Microsoft account. Access your results anywhere from Google Drive or OneDrive.

SEARCHING CONTENT

Basic Search

Searches across the entire resource for results
Basic Search is a good place to start when you have a specific health concept or topic in mind.

Advanced Search

Customizes your search and targets relevant results
Select from search fields and run complex searches.

- **Keyword** provides a good general option to start.
- **Subject** increases specificity if your basic or keyword search produces too many results.
- **Entire Document** searches for any mention of your terms within documents' full text, allowing you to find coverage of very specific health terminology.
- Narrow your results with **More Options**, including publication date, full text documents, and more.

Subject Guide Search

Takes a guided approach to finding your topic
Select Subject Guide Search to narrow a single topic by subdivisions, and view narrower and broader subjects.

Publication Search

Verifies the availability of a publication within Health & Wellness Resource Center
Enter the title of a health publication. Click matching results to view coverage details, and link to entries or articles.

Topic Finder

Generates a visual representation of your search results by topic and subtopic
Use Topic Finder if you're having trouble identifying a specific health topic, when you have an idea for a topic and want to investigate related topics, or when you want to narrow your search results. As you click around in the Topic Finder tiles, results on the right update dynamically, allowing for one-click access into relevant content. Simply click on an article to view it.

BROWSING CONTENT

Topic Pages

Provide a starting point to understand key health topics
Topic pages begin with an overview that provides framework for understanding the health issue. Additional content may include the following:

- **Reference:** overviews from reference books like The Gale Encyclopedia of Medicine and other top reference works
- **Magazines:** top general interest health publications
- **Images:** photographs, illustrations, diagrams, and more
- **Videos:** streaming video content from reputable research sources
- **News:** articles from a variety of health-related newsletters, newspapers, and newswires
- **Audio:** clips from reputable news and research sources.
- **Academic Journals:** articles from academic, scholarly, and peer-reviewed publications

WORKING WITH RESULTS

Search Results

Organized by content type, with sorting and limiting options

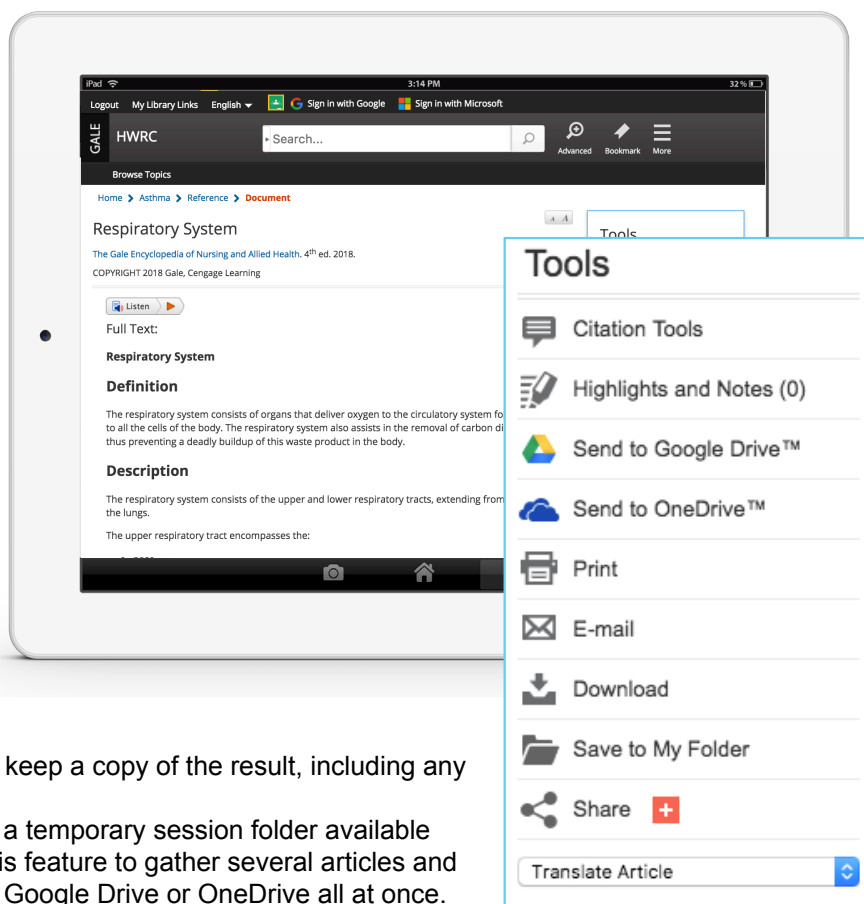
- **Sort By:** Use this drop-down to view articles with the highest relevance based on factors like the frequency and location of references to your search terms, or to view the newest or oldest articles.
- **Search Within:** Enter additional terms to quickly focus on results that mention those terms.
- **Limiting Options:** In one click, limit your search to full-text, or filter by publication date, subject, and more. Use these options to save time finding the trustworthy health information you need.

WORKING WITH DOCUMENTS

Tools

Manage content with document tools and features

- Click **Citation Tools** to generate a citation using MLA, APA or Chicago style.
- Use **Highlights and Notes** to annotate important text. Click and drag to select the text, choose your highlighter color, and add notes to the selection. Print, email, download, or send the result to Google or Microsoft to retain your highlights and notes with the result. You can also click the **More** button in the database banner, and select Highlights and Notes to access a summary. *Once you leave the database, any content that you have saved is erased to protect your privacy.*
- **Send to Google Drive/OneDrive** to export the result to your existing Google or Microsoft account, allowing you to access it indefinitely. A *Health & Wellness Resource Center* folder is automatically created to make it easy to find your exported documents.
- **Print, Email, or Download** the document to keep a copy of the result, including any highlights and notes you've added.
- Use **Save to My Folder** to add the article to a temporary session folder available under the **More** button in the banner. Use this feature to gather several articles and then cite, print, e-mail, download, or send to Google Drive or OneDrive all at once. *Once you leave the database, My Folder is erased to protect your privacy.*
- Click the **Listen** tool to have the article read aloud to you. After clicking play, you can download the audio .mp3.
- Select **Translate** to view a machine translation of the document in the language of your choice.
- Use **Related Subjects** to find additional documents with similar subject terms. This quickly takes you to additional results to boost your understanding and enhance your research.
- Click **Bookmark** in the banner to create a link back to practically any page you choose. You can copy and paste the link anywhere you'd normally share a URL, making this tool a great way to share individual documents, searches, results in My Folder, and more.



**LEARN
MORE**

If you require further assistance with [Health & Wellness Resource Center](#), please ask your librarian or visit gale.com/training.

