



BOOK STUDY

Gale eBooks: Mental Health and Social Wellness

Use the space below to track learning and reflect as you read **GALE EBOOKS** at:

EBOOK TITLE _____

DESCRIPTION OF THE TOPIC _____

WHAT MADE YOU CHOOSE THIS BOOK?

WHAT DID YOU LEARN?

WHAT IS ONE THING EVERYONE SHOULD KNOW ABOUT THIS TOPIC?

HOW COULD YOU HELP OTHERS YOU KNOW ARE DEALING WITH THIS ISSUE?
